



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2023 YMCA of TUSCALOOSA

COMMUNITY OPEN DOORS

WELLNESS WEEK - Nov. 27th - Dec. 2nd

COMMUNITY EVENTS

Moves, Beats & Eats: Monday, November 27th @ 6:30-8:30pm

A night of pure fun and excitement. It's an evening designed for families, friends, and community members to come together, unwind, and engage in a variety of entertaining activities. Join us as we transform our space into a hub of joy and playfulness.

Merry Thanksmas: Wednesday, November 29th @ 6:30pm - 8:30pm

The most wonderful time of the year just got even more magical! Join us for our Merry ThanksMas Celebration - an extraordinary blend of merriment, thanksgiving, and Christmas cheer. It is a joyous occasion to gather with freinds, family, and neighbors to celebrate the blessings of the past, present, and festive season ahead.

Community Open Door Resource Fair

Friday, December @ 6:30pm - 8:30pm

Join us for a day of inspiration, education, and empowerment at The YMCA Community Open Door Resource Fair - a vibrant celebration of health and well-being for the entire community. This exciting event is designed to connect you with the tools, resources, and knowledge you need to embark on your journey towards a healthier and happier life.